Precautions For Sleep Anesthesia

- Please fast for 8 hours before surgery, which includes refraining from water, smoking, and chewing gum.
- Stop taking any blood-thinning medications, aspirin, vitamin E, arginine, and herbal supplements one week prior to your surgery.
- Finger and toenail polish must be removed (vital for health monitoring; surgery cannot be performed if not removed).
- Leave all valuables and jewelry at home, and please remove any metal items such as earrings, necklaces, rings, piercings, and watches.
- Dress in comfortable clothing suitable for the procedure.
- For liposuction: Opt for dark, loose-fitting tops and pants (to accommodate potential medication stains).
- For hair transplants: A hoodie or zip-up with a hood is ideal, plus a roomy hat to discreetly cover bandaging on the back of your head.
- For hair transplants: If you're scheduled for a hair transplant and have bright hair color, please have your hair dyed dark or black before your appointment. If you wear hair extensions, please remove them at least one week prior to your surgery.
- Avoid driving to the clinic on the day of the surgery.
- If you are on your menstrual period, bring along tampons or pads as needed.

※ Individual experiences may vary.

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