Precautions After Fillers

- Light makeup and washing are possible at least 3-4 hours after the procedure.
- It is advisable to avoid saunas, steam rooms, swimming, alcohol, and smoking for about 1 week after the procedure.
- For about 2 weeks after the treatment, avoid applying strong pressure, frequently touching the treatment area, or making expressions that could significantly move injected fillers.
- **For nose fillers:** Be careful not to press down on the bridge of the nose when wearing sunglasses, glasses, or masks.
- **For lip fillers:** Refrain from applying lip products and avoid using straws on the day of treatment.
- Do not have facial massages that press on the treated areas for one month following treatment.
- The regenerative tape applied after the treatment can be removed the next day.
- Please take prescribed medications following the instructions.
- If you experience severe swelling, severe pain, or the treatment area turns red, please contact us immediately and schedule a visit.

※ Individual experiences may vary.

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