

# Precautions After Drop-fat Injections

## After the Procedure:

- Major swelling should subside approximately 4 to 5 hours after the procedure, and most swelling typically resolves within 2 to 3 days.
- Applying ice pack can help reduce swelling more quickly.
- Post-procedure swelling, bruising, lumps, warmth, and itching may occur but usually disappear within a few days. If the condition is severe, it is advisable to consult with your physician.
- After the procedure, please refrain from visiting saunas or swimming pools.
- To promote diuresis and help with swelling, it is beneficial to drink more than 2 liters of water per day.
- On the day of the procedure, as there is a possibility of medications leaking from the injection site, it is best to avoid vigorous exercise or movements.

※ Individual experiences may vary.

Contact us  
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