

Precautions After Body Lifting Treatments

After the Procedure:

- Swelling, a sensation of heat, bruising, and other reactions may occur depending on the area treated or the individual's body constitution.
- Continuing with ice pack massage for about 5 days after the procedure can help reduce swelling, and it is important to take prescribed antibiotics to prevent infection. (After 5 days, please switch to warm packs for the best recovery.)
- A sensation of tightness may last for about one week on average.
- You can shower or wash the treated area the day after surgery, but you must apply a waterproof bandage over the incision site before doing so. (Please remove the waterproof bandage immediately after showering)
- Avoid alcohol and smoking until swelling and bruising have subsided.
- For about a week after the procedure, you should avoid saunas, steam rooms, and swimming.
- On rare occasions, complications such as infections, bleeding, or foreign body reactions may occur at the treated site.
- Stitch removal will be performed 7 days after facial procedures and 14 days after body procedures.

※ Individual experiences may vary.

Contact us
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have any questions
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